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Texas Christian University

Documentation Guidelines for TCS tudents with Disabilities

Mental Health Disabilities

A mental disorder is a syndrome characterized by clinically significant disturbance in an individual's cognition, emotional regulation, or behavior that reflects a dysfunction in the psychological, biological, or developmental processes underlying mental functioning. Mental disorders are usually associated with ristigant distress or disability in social, occupational, or other important activities. An expectable or culturally approved response to a commonostress or loss, such as the death of a loved one, is not a mental disorder. Socially deviant being political, religious, or sexual) and conflicts that are primarily between the individual and society are not mental disorders unless the deviance or conflict results from a dysfunction in the individual, as described above. dT cTc-8 --8.0d3-5rpTrod7,5 Tn6-5 1.5n1n1 Tc-8 rTc---8.0001 Tumroo5T to fully evaluate accommodation requested to determine eligibility for services.

- x Documentation should be presented the StudentAccess and Accommodation Office. It shallbe reviewed by appropriate University professional(4 (i-)6 ())8 ()6 (i)4i ireasonable accommod
 - x Information concerning a student's disability is treated in a confidential manner in accordance with Universityolicies as well as applicable state and federal laws.
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x Additionally, the medical specialist/mental health provider must be an impartial individual not related to the student or parents nor in a business partnership with the student or parents.

Notes to mental health provider:The documentation must be in a typewritten report on professional letterhead that bears the evaluator's name, license number, professional credentials, business location, contact information angignature Additionally, include the evaluator's business card. Please mail the repoglirectly to Student Access and Accommodation, TCU Box 29700Port Worth, TX 76129.

Stu**Accet**s and Accommodation TCU Box 297008 Fort Worth, TX 76129

studentaccommodation@tcu.edu www.tcu.edu/accesaccommodation

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In summary, your letter of disability documentation should provide responses to each of the following questions:

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13. Have you referred the individual for other treatment that may import on current functional limitations?

APPENDIX

Assessments for Mental Health Disorders in Adolescents and Adults
This appendix contains selected examples of tests and instruments that may be used to supplement the clinical interview and support the prese of functional limitations. All tests used should be current and have sufficient reliability, validity, and utility for the specific purposes for which they are being employed. All tests should be normed exercise evant populations and results reported in standard scores and percentile ranks. Tests that have breaklished by scales or indicators are preferred over those that do not.

1. Rating scaleSelfrater or interviewerrated scales for categorizing and quantifying the nature of the impairment may be useful in conjunction with other data, but no single test or subtest should be used solely to substantiate a diagnosis. Acceptable instruments indude, but are not limited to the following

Beck Anxiety Inventory

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Academic Achievement

Scholastic Abilities Test for Adults (SATA)
Stanford Test of Academic Skills (TASK)

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